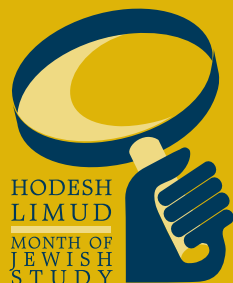


Hodesh Limud/Month of Jewish Study

2010 Navigating Today's Challenges:
Inspiration from Jewish Wisdom



חודש לימוד



Presented by the **Adult Jewish Learning Council**, sponsored by **Siegel College** in cooperation with the Jewish Education Center of Cleveland, the Greater Cleveland Board of Rabbis, and the Jewish Community Federation of Cleveland.

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Hodesh Limud/Month of Jewish Study

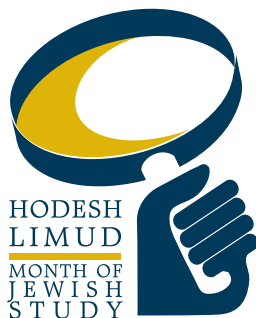
2010

Navigating Today's Challenges: Inspiration from Jewish Wisdom

- **Keynote program ~ Free**
Sunday, January 17, 2010 at Siegal College from 7:30 ~ 9:00 pm
Keynote address by Rabbi Lawrence Kushner, scholar-in-residence at Congregation Emanu-El of San Francisco and author of 15 books on Jewish Spirituality
- **Mini-courses ~Throughout the month ~ \$36 for unlimited courses**
A selection of mini-courses exploring the theme of "Navigating Today's Challenges: Inspiration from Jewish Wisdom" from diverse perspectives
\$18 for one mini-course
- **Special Programs ~Throughout the month**
With Siegal College Provost Dr. Brian Amkraut and other wonderful teachers.
See page 10
- **Hadran (closing celebration) ~ Free**
Sunday, February 14, 2010 at Siegal College from 1:30 ~ 4:00 pm
Symposium with Ellen Bernstein, founder and former director of *Shomrei Adamah*-Keepers of the Earth, and Amalia Haas, Jewish environmental activist, educator, and Greenfaith fellow

חודש לימוד

Presented by the Adult Jewish Learning Council, sponsored by Siegal College in cooperation with the Jewish Education Center of Cleveland, the Greater Cleveland Board of Rabbis, and the Jewish Community Federation of Cleveland.



**Keynote program:
“Invisible Lines of Connection or It’s All God!
A Neo-kabbalistic Judaism”**

**Sunday, January 17, 2010
Siegal College
7:30 ~ 9:00 pm**

- ⚡ Keynote address by Rabbi Lawrence Kushner
- ⚡ Question and answer session
- ⚡ Book signing

RABBI LAWRENCE KUSHNER

is the Emanu-El Scholar in-residence at Congregation Emanu-El of San Francisco, and he also serves as Visiting Professor of Jewish Spirituality at the Graduate Theological University in Berkeley. Kushner is widely regarded as one of the most creative religious writers in America and is highly sought after as a lecturer and teacher. Through his lectures, articles and 15 books, including *Kabbalah, A Love Story*; *The Way into Jewish Mystical Tradition*; *Invisible Lines of Connection*; *God Was in this Place and I, i Did Not Know*; and *Honey from the Rock*, he has helped shape the present agenda for personal and institutional spiritual renewal.



SAVE THE DATE

Siegal College Summer Institute
August 8-11, 2010

Featuring scholar-in-residence

ALAN T. LEVENSON

*Schusterman Professor of Jewish Intellectual
and Religious History, University of Oklahoma*



ETHICS FROM THE SOURCES OF JUDAISM: BIBLE, TALMUD, AND TRADITION SPEAK TO TODAY'S ISSUES

Rabbi Moshe Adler

Lecturer in Hebrew and Judaic Studies, Siegal College

The Prophets spoke truth to power, denouncing the Madoffs of their day and reproaching kings and judges for corruption. The Sages taught us how to translate the Torah's social ideals into everyday practice, showing how God is in the details. We will explore the ethical teachings of these great Jews and how they apply to contemporary issues.

Cleveland Heights – University Heights Library
2345 Lee Road, Cleveland Heights
3 sessions, 1:30-3:00 pm
Sundays

January 24, 31, February 7
Course # HOD 062

LEADERSHIP BY PERSONAL EXAMPLE: CASE STUDIES FROM THE HEBREW BIBLE

Dr. Gary Coleman
Executive Director,
Cleveland Hillel Foundation



Anyone concerned with the future of the Jewish people and whether college students of today have “what it takes” to become the leaders of tomorrow, should look at the Hebrew Bible. What experiences made Abraham, Moses, David, Deborah, and Esther, among others, the leaders they were? What can we learn from

them that will help us understand our young people today? This course is designed for those interested in the dynamics of today's college youth.

USCJ Great Lakes and Rivers Region
23880 Commerce Park Drive
Suite 200, Beachwood
3 sessions, 11:30 am-1:00 pm
Mondays
January 25, February 1, 8
Course # HOD 063

STOPPING HATE AND REPAIRING THE WORLD: RESPONSES TO RACISM AND ANTISEMITISM IN CLEVELAND JEWISH HISTORY

Mark Davidson
Manager of School & Family Programs,
Maltz Museum of Jewish Heritage



Learn how racism and antisemitism have plagued Cleveland since its earliest days. See how Blacks and Jews were prevented from living in many neighborhoods, how the Ku Klux Klan interfered in local elections and how Nazis and Fascists openly organized in our city. Explore how Jewish tradition has addressed these issues and how contemporary Jewish movements and leaders have struggled against discrimination and hatred to create a more diverse and tolerant community.

Maltz Museum of Jewish Heritage
2929 Richmond Road, Beachwood
3 sessions, 7:00-9:00 pm
Tuesdays
January 26, February 2, 9
Course # HOD 064

ARE VEGETARIANISM AND JUDAISM COMPATIBLE?

Dr. Barbara Epstein

What does Judaism teach about caring for the environment, promoting a healthy lifestyle, and the treatment of animals? Much attention is given today to the environment and sustainability, as well as healthy living. This course will address how a vegetarian diet is consistent with these concerns based upon Jewish values and will examine Jewish attitudes toward the treatment of animals. Participants who explore these issues will learn why many famous Jews throughout history, from secular to orthodox, have embraced a vegetarian lifestyle.

Heinen's Café

2180 S. Green Road

University Heights

3 sessions, 4:00-5:30 pm

Mondays

January 25, February 1, 8

Course # HOD 065



FAIRMOUNT TEMPLE SERIES ON NAVIGATING CHALLENGING TIMES

Rabbi Arturo Kalfus,
Rabbi Joshua Caruso,
Jane Eigner Mintz, and
Cantor Sarah Sager

JANUARY 25

When Health Care in America is Not Enough and Not Good Enough

Rabbi Arturo Kalfus

In this class participants will review current health care challenges and explore Jewish values that can help us form an answer to these challenges.

FEBRUARY 1

Effects of Addiction on Individuals and Families: Facing the Crisis and Challenges

Rabbi Joshua Caruso and

Jane Eigner Mintz,

Addiction interventionist and counselor

In this class, discussion will focus on both the clinical and Jewish perspectives of the effects of addiction.

FEBRUARY 8

Torah Texts for Challenging Times

Cantor Sarah Sager

We will examine whether the ancient text of our people offers us contemporary approaches or even solutions to our contemporary problems.

Anshe Chesed Fairmount Temple

23737 Fairmount Boulevard, Beachwood

3 sessions, 7:30-8:30 pm

Mondays

January 25, February 1, 8

Course # HOD 066





WHERE IS GOD TODAY? JEWISH VIEWS ON THE ETERNAL QUESTION OF WHY BAD THINGS HAPPEN

**Rabbi Akiva Feinstein
NCJW Montefiore Hospice**

The question of why bad things happen to good people is not just the name of a *NY Times* bestseller. Judaism has asked this question for millennia. This course presents classical and contemporary Jewish approaches that attempt to deal with this difficult conundrum.

**Montefiore
One David Myers Parkway,
Beachwood
3 sessions, 1:00-2:00 pm
Tuesdays
January 19, 26, February 2
Course # HOD 067**



The NCJW/Montefiore Hospice
Comfort. Dignity. Love.

LEARNING ABOUT JUDAISM THROUGH ART

**Dr. Peter Haas
Professor of Religious Studies,
Case Western Reserve University**



At various turning points in their history, Jews have used the visual arts to explore what Judaism means

to them. This course looks at three significant time periods in Jewish history – the Roman empire, the European Emancipation, and Zionism/ Israel – and the artistic expressions emerging from each. Examining the art of these periods helps participants understand how the Jewish community faced identity crises in the past and how we may interpret 21st century Judaism.

**Joseph Beth Booksellers
Legacy Village
Cedar Road, Lyndhurst
3 sessions, 1:00-2:30 pm
Thursdays
January 21, 28, February 4
Course # HOD 068**

THE JEWISH HOME: VARIATIONS ON A THEME

**Rabbi Rosette Haim
The Temple – Tifereth Israel**

Keeping the Jewish tradition rich and vibrant in one’s home through holiday seasons and lifecycle changes can be a challenge. Learn the meaning behind rituals and how our ancestors faced these challenges to create and recreate the Judaism we have come to know today.

**The Temple – Tifereth Israel
26000 Shaker Boulevard, Beachwood
3 sessions, 7:00-8:00 pm
Mondays
January 25, February 1, & 8
Course # HOD 069**



THE TEMPLE - TIFEREH ISRAEL



HOW THE JEWISH HOME HELPS NAVIGATE TODAY'S CHALLENGES

Joan Kekst
Food Writer and
Kosher Cooking Teacher

The Jewish home is a 'Mission Control Center' from which Jewish culture, values, and ethics help meet today's challenges. From the gate post to the table, Jews identify and learn to live as individuals, as family members, and as citizens of their local and global communities.

Antonio Farris, Head Chef at the Beechmont Country Club, will join the class on January 26.

Home of Joan Kekst:
Directions will be given after registration is received.
3 sessions, 7:00-8:30 pm
Tuesdays
January 19, 26, February 2
Course # HOD 070

"ORDINARY PEOPLE DOING EXTRAORDINARY THINGS DURING EXTRAORDINARY TIMES"

Eric Kisch
Host/Producer of
"Musical Passions" on WCLV

This course will examine, through film and discussion, three instances of righteous behavior and explore what led ordinary people do extraordinary things in extraordinary times. All three of these cases are honored in the Avenue of the Righteous at *Yad Vashem*: Varian Fry, Chiune Sugihara, and Le Chambon-sur-Lignon.

Siegel College
26500 Shaker Boulevard, Beachwood
3 sessions, 12:00-2:30 pm
Wednesdays
January 27, February 3, 10
Course # HOD 071

AWAKENING SPIRITUAL CONNECTION BY FINDING IT WITHIN

Alice Langholt
Jewish Educator

Do you struggle to feel connected with God, wonder if there's a way to feel God's presence but don't know how? Are you frustrated with formal worship? This course will introduce several routes to feeling and experiencing a connection with God and changing your own spiritual awareness. This course is best designed for participants who wish to experiment, tune in, and who are open to new ways of experiencing spirituality in a Jewish context.

Temple Emanu El
4545 Brainard Road, Orange Village
4 sessions, 7:30-9:00 pm
Wednesdays
January 20, 27, February 3, 10
Course # HOD 072

THE JEWISH WOMAN SPEAKS THROUGHOUT THE AGES

Dr. Reva Leizman
Siegal College, Adjunct Assistant
Professor of Jewish Literature

In this course we will read several short stories, excerpts from novels, poetry, and essays showing the strength, wisdom, and power of Jewish women. Readings will include selections from the Book of Ruth and authors Anzia Yezierska, Betty Friedan, Anne Frank, and more. This course is designed for participants interested in the important role of Jewish women in literature and their impact.

Siegel College
26500 Shaker Boulevard, Beachwood
4 sessions, 2:00-3:30 pm
Thursdays
January 21, 28, February 4, 11
Course # HOD 073



Beth Israel—The West Temple

**IT'S ALL IN THE FAMILY:
IDENTIFYING MENTAL HEALTH
ISSUES IN THE JEWISH COMMUNITY**

Rabbi Alan Lettovsky
Laura Green Stout
Beth Israel – The West Temple
Adult Education Co-Chair

Every family is touched in some way by issues of mental health. What insights from the Jewish tradition and resources are available to help us in today's challenging times?

Beth Israel – The West Temple
14308 Triskett Road, Cleveland
3 sessions, 10:00-11:30 am
Sundays
January 24, 31, February 7
Course # HOD 074

**DIFFICULT CHOICES FROM
FAITH PERSPECTIVES**

Rabbi Estelle Mills
Congregation Kol Chadash

Jeff Peterson-Davis,
Kerri Peterson Davis
Co-Pastors, Pioneer Memorial
Presbyterian Church

This course explores issues such as abortion, end of life decisions, and more from both the Jewish and Christian faith perspectives. Taught jointly by a rabbi and two Presbyterian ministers, the course will explore

8

how the two faiths view these difficult choices, what guidelines are offered by Judaism and Christianity to help adherents reach a decision, and how the guidelines are similar and how they are different.

Solon Public Library
34125 Portz Parkway, Solon
3 sessions, 7:00-8:30 pm
Tuesdays
January 12*, 19, 26
**Please note early starting date*
Course # HOD 075

**A JEWISH GUIDE TO FITNESS,
DIET, AND EXERCISE**

Rabbi Hal Rudin-Luria
B'nai Jeshurun Congregation



Just do it! These words guide our modern health-conscious outlook. This course will explore what Jewish tradition has taught over thousands of years on the topic of fitness, diet and exercise. No sweating required in class.

Mandel Jewish Community Center,
26001 S. Woodland Road, Beachwood
3 sessions, 7:30-9:00 pm
Thursdays
January 28, February 4, 11
Course # HOD 076



THE MANDEL JEWISH COMMUNITY CENTER
OF CLEVELAND

REGISTER ONLINE AT WWW.HODESHLIMUD.ORG OR CALL 216 464 4050

KEEPING OUR BALANCE IN CHALLENGING TIMES: INSIGHTS FROM HASIDIC JUDAISM

Rabbi Rona Shapiro
Congregation Bethaynu
Rabbi Steve Segar
Kol HaLev

Nearly three hundred years ago, what is now known as Hasidic Judaism was founded in Eastern Europe by Israel Baal Shem Tov. This approach to Judaism and life focused on developing an awareness of constantly being in the presence of Divinity and the joy that such awareness inspired. Over time, an incredibly rich literature has arisen within Hasidic circles that addresses the range of challenges faced by human beings every day and the ways these issues challenge us to keep our eye on the big picture of life. This course will mine Hasidic texts for the gems of insight that can help us to live in a deeper and more mindful way today.

The Lillian & Betty Ratner School
27575 Shaker Boulevard, Pepper Pike
2 sessions, 7:00-9:00 pm
Wednesdays
February 3, 10
Course # HOD 077



Kol HaLev

NOT A MISSIONARY'S POSITION: JUDAISM AND HUMAN SEXUALITY

Rabbi Eddie J. Sukol
The Shul

Jewish sources, from the Bible to modern times, have never been reluctant to address issues of human sexuality. This course will explore the wisdom of Judaism as we address these topics:

- What makes sex holy?
- Why is sexual intimacy essential to the marital bond?
- Must all non-marital or pre-marital sex be forbidden?
- How can we apply Jewish sexual values in the face of HIV/AIDS?
- How do we teach our children and grandchildren Jewish sexual ethics?

**Cuyahoga County Public Library,
Beachwood Branch**
25501 Shaker Boulevard, Beachwood
4 sessions, 7:00-8:30 pm
Wednesdays
January 20, 27, February 3, 10
Course # HOD 078

EVERY DAY HOLINESS

Rabbi Stephen Weiss
B'nai Jeshurun Congregation



Discover an amazing path to personal spiritual growth. *Mussar* is a thousand-year-old Jewish tradition which seeks to draw on the wisdom of our tradition to guide the development of our character and values. Through study of texts, journaling, and the creation of a personal discipline, you can shape your own *middot* (qualities). As our core text we will use *Every Day Holiness* by Alan Morinis, supplemented by classical Jewish ethical/spiritual texts such as *Duties of the Heart*, *Pathways of the Just*, and the teachings of the great early modern *Mussar* leader Rabbi Israel Salanter.

University Heights Library
13866 Cedar Road
University Heights
3 sessions, 7:00-8:00 pm
Thursdays
January 28, February 4, 11
Course # HOD 079

Special FREE* Programs during Hodesh Limud

REVOLUTION AND EVOLUTION IN THE TRANSFORMATION OF JEWISH LIFE: AN HISTORICAL EXPLORATION OF THE NATURE OF CHANGE IN JEWISH PRACTICE AND BELIEF

Dr. Brian Amkraut
Tuesday, January 19,
3:00 - 4:00 pm



Restaurant Europa, Landerwood Plaza,
30519 Pine Tree Road, Pepper Pike

SPECIAL PROGRAM #1

On what occasions has Jewish history been radically altered by revolutionary actions and events and when has change unfolded less dramatically? How does the current environment compare to previous eras of change in Jewish life? * For this program only, there is a \$5.00 fee. Coffee and pastry provided.

JEWISH MEDITATION: A PATH TO WISDOM, KINDNESS, AND COMPASSION

Rabbi Jeff Roth
Thursday, January 21, 7:00 – 9:00 pm
Siegal College

SPECIAL PROGRAM #2

Join Rabbi Jeff Roth for an introduction to the purpose and practices of contemporary Jewish meditation. Using his newly published book, *Jewish Meditation Practices for Everyday Life*, Rabbi Roth will demonstrate how Jewish meditation can help us to uncover the obstacles to clear seeing that result in greed, a judgmental nature, and unskillful behavior.

Rabbi Roth will appear at several community synagogues for Shabbat services and an intensive workshop on Sunday, January 24. See www.hodeshlimud.org for more information.

OFFERINGS OF THE HEART: MONEY AND JEWISH VALUES IN CHALLENGING TIMES

Rabbi Shawn Israel Zevit
Sunday, January 24, 7:00 – 9:00 pm
Siegal College

SPECIAL PROGRAM #3

In this stimulating, spirit-filled, and practical session, Rabbi Shawn Zevit offers a wealth of Jewish wisdom on money and spiritual life. Using a values-based approach to dealing with money matters from a Jewish perspective, we will explore money as a tool for actualizing sacred purpose and meaning in life, aligning our everyday actions with sacred goals and expressing a God-centered presence in the world that moves beyond the financial/spiritual split with which many individuals and communities operate.

REFLECTING ON WHAT WE WANT TO GO AWAY: IS ANTISEMITISM AN ONGOING THREAT OR AN ONGOING COMMUNITY BUILDER?

Rabbi Sheldon Ezring
Tuesday, January 26, 7:00 – 9:00 pm
Hudson Library & Historical Society
96 Library Street, Hudson

SPECIAL PROGRAM #4

Using the Naftaly Gliksberg documentary, "Underlying Anti-Semitism," the program will allow an open discussion on the continuing effects of antisemitism on the life of the modern Jew. What are the main types of antisemitism? Is being anti-Israel synonymous with being antisemitic? Does the threat hold the same power in the Jewish community today that it did in the past?

WOMEN IN RELIGION AND SOCIETY

Devi Gursahaney, Rabbi Susan Stone,
Ani Palmo Rybicki, Sister Donna Wilhelm
A program sponsored by Interact Cleveland
Tuesday, January 26, 7:00 – 9:00 pm
Shiva Vishnu Temple
7733 Ridge Rd., Parma

SPECIAL PROGRAM #5

What are the teachings within your faith tradition concerning the role women play in religious observances and leadership and in society? This program is part of the series "Sharing Paths: Religious Traditions in Dialogue."

JEWISH BUSINESS ETHICS: NOT AN OXYMORON

Dr. Ronald A. Brauner
Wednesday, January 27,
7:00 – 9:00 pm
Beth Israel - The West Temple
14308 Triskett Road, Cleveland

SPECIAL PROGRAM #6

The Jewish tradition has more to say about the ethics of business dealings, mercantilism and consumer rights than anyone would ever imagine.



AM I MY BROTHER'S KEEPER?

Dr. Ilana Wolpert
Sunday, January 31, 3:00 – 5:00 pm
Panera Bread
4301 Richmond Road, Warrensville Heights

SPECIAL PROGRAM #7

This program will examine the challenge of social responsibility through Jewish texts from the book of Genesis to the poetry of Yehuda Amichai.

Hadran (closing celebration)

**“To Serve and Protect (l’ov’dah ul’shomrah):
A Symposium Exploring Jewish Land-Based
Initiatives for Northeast Ohio”**

**Sunday, February 14, 2010
Siegal College, 1:30 – 4:00 pm**

Presented with generous support from the Lisa and Maury Friedman Foundation



ELLEN BERNSTEIN

Ellen Bernstein is founder and former director of *Shomrei Adamah*-Keepers of the Earth, the first Jewish environmental organization. She is author of *The Splendor of Creation: A Biblical Ecology*, the editor of *Ecology and the Jewish Spirit: Where Nature and the Sacred Meet*, and the co-author of *Let the Earth Teach You Torah*. Ellen continues to work to deliver the Bible’s deep ecological message through writing, teaching, speaking and consulting.

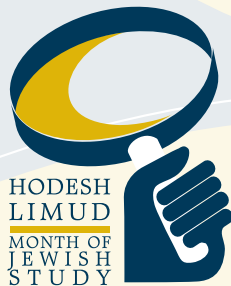


AMALIA HAAS

Amalia Haas is a Jewish environmental activist and educator-gardener in Beachwood, OH. Amalia is active nationally with Hazon, the environmental organization which works to create a healthier and more sustainable Jewish community and world for all. Amalia is currently a Greenfaith Fellow, completing an 18-month program from the interfaith organization which mobilizes people of diverse religious backgrounds towards deepening relationships and stewardship of the earth.

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The Shul
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Temple Emanu El
Temple Israel Ner Tamid
The Temple – Tifereth Israel

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Great Lakes and Rivers Region



חודש לימוד



Laura and Alvin SIEGAL COLLEGE of Judaic Studies
26500 Shaker Boulevard • Cleveland, Ohio 44122
(216) 464-4050 • (888) 336-2257 • (216) 464-5827 (fax)

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לימוד חודש

KEYNOTE PROGRAM:

Sunday, January 17, 2010
7:30 pm

MINI-COURSES AND SPECIAL PROGRAMS:

Throughout January and February

HADRAN (CLOSING):

Sunday, February 14, 2010
1:30 pm

